

**NEWS RELEASE** 

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## Registration opens on December 1, 2019, for Township Signature Races

THE WOODLANDS, TEXAS (November 26, 2019) – Reach those fitness goals and have fun with friends by participating in The Woodlands Township's Signature Races in 2020! Enjoy the thrill of competition from triathlon to trail running by registering for the Woodforest Bank TRI – The Woodlands, the Muddy Trails Bash and the Memorial Hermann 10 for Texas. Registration will open on Sunday, December 1, 2019, at <a href="https://www.thewoodlandstownship-tx.gov/races">www.thewoodlandstownship-tx.gov/races</a>.

## 17<sup>th</sup> Annual Woodforest Bank TRI – The Woodlands

Woodforest Bank TRI – The Woodlands offers a beginner-friendly atmosphere, first-rate race management and scenic courses to participants ranging from beginners to nationally ranked triathletes. The USA Triathlon (USAT) sanctioned event will take place on Saturday, April 4, 2020, from 7 to 11:30 a.m. at Northshore Park. The sprint triathlon is comprised of a 500-meter open water swim in Lake Woodlands, a 12.8 mile bike course winding through The Woodlands and a 5K run along The Woodlands Waterway. A variety of opportunities are available to participants to prepare for Race Day, making it an ideal first time race for those who are just being introduced to the sport. Participants should register promptly as the race typically reaches capacity annually. The race has received accolades and recognition from USAT throughout the years, most recently having served as the 2017 Texas State Triathlon Championship. To learn more, please visit <a href="https://www.thewoodlandstriathlon">www.thewoodlandstriathlon</a>.

## 13<sup>th</sup> Annual Muddy Trails Bash

Offering a fun, festive and zydeco-themed atmosphere, Muddy Trails Bash takes place on Saturday, May 2, 2020, from 3 to 7 p.m. at Rob Fleming Park. This multifaceted running event features chip-timed 5K and 10K trail runs, the Little Muddy Kids' Fun Run, 2K-9 Dog Fun Run and the Muddy Bowl Crawfish Cook-Off. Participants will enjoy boiled crawfish, live zydeco music, children's activities and more. Courses wind through the beautiful 1,800-acre George Mitchell Nature Preserve. Muddy Trails Bash is a USA Track & Field (USATF) sanctioned event. Please note, Muddy Trails Bash is not a mud run or adventure race. To learn more, please visit <a href="https://www.thewoodlandstownship-tx.gov/muddytrailsbash">www.thewoodlandstownship-tx.gov/muddytrailsbash</a> for full details.

## 15<sup>th</sup> Annual Memorial Hermann 10 for Texas

The annual Memorial Hermann 10 for Texas race is set for Saturday, October 10, 2020, from 7 to 11:30 a.m., at Northshore Park. The USATF-sanctioned event offers a certified 10-mile course, plus the 3.1 Armadillo Run 5K and One 4 Texas Kids' Fun Run. After the race,



participants can refuel and celebrate at the Texas-sized post-race party, featuring great food, beverages and live country music. To learn more, please visit <a href="www.thewoodlandstownship-tx.gov/10fortexas">www.thewoodlandstownship-tx.gov/10fortexas</a>.

Early registration is encouraged. All races will be capped to ensure a safe and enjoyable experience for all participants.

Give the gift of race registration this holiday season! Gift cards are available. Contact races@thewoodlandstownship-tx.gov for details.

The Woodlands Township's Signature Races benefit and help fund programs and services offered through The Woodlands Township Parks and Recreation Department. For more information about the races, please email <a href="mailto:races@thewoodlandstownship-tx.gov">races@thewoodlandstownship-tx.gov</a>.

For more information about the Township, please visit <u>www.thewoodlandstownship-tx.gov</u> or call 281-210-3800.







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